

On Feb. 21, students at Chase County Elementary jumped rope and shot hoops all over heart disease and stroke by participating in Jump Rope for Heart and Hoops for Heart.

The students raised more than \$13,000 for the American Heart Association, which funds research, programs and education to fight heart disease and stroke, the nation's No. 1 and No. 4 killers.

"I'm very pleased with the success of this year's event," said Jodie Schuller, Jump Rope for Heart and Hoops for Heart coordinator.

"We all had a lot of fun, the kids enjoyed learning about the importance of physical activity and how they can play a role in saving lives," she said.

"A huge thank-you to all families, parents, friends, businesses and teachers who donated to this event. What a huge success," said Schuller.

She also noted the following businesses donated to the event: Hill's Family Foods (bottled water), Pinnacle Bank (popcorn bags) and AK Acres (popcorn).

A number of volunteers also assisted during the day.

Jump Rope for Heart and Hoops for Heart are programs that promote physical activity and heart health through jumping rope and shooting hoops. It is co-sponsored by the American Heart Association and the American Alliance for Health, Physical Education, Recreation and Dance.

People can also get information online at heart.org/jump or heart.org/hoops.