



The Chase County Hospital Foundation recently purchased a new True CS-500 Treadmill for use at Chase County Community Hospital. Cost of the equipment was \$4,980.

“The treadmill is an essential and versatile piece of equipment. Cardiac rehabilitation patients have four modalities of exercise as part of their regiment. The treadmill is one of those modalities and is used by all rehab patients,” stated Cindy Arterburn R.N., Director of Cardiac Rehabilitation.

The treadmill is used with physical therapy and pulmonary patients, as well.

Barry Marshall, Director of Physical Therapy said, “The treadmill is used in physical therapy to help patients recover from post-operative procedures such as helping athletes who have had knee surgery.”

According to Linda Nelson, head of Respiratory Therapy, “We also use the treadmill to help pulmonary patients build up endurance and improve blood oxygen levels.”

“Staff and patients alike have expressed appreciation at how quiet the new treadmill is. The old treadmill was beginning to sound like a roller mill,” said Randy Vlasin, Director of the Hospital Foundation. “The Foundation would like to thank all the donors who have helped make purchases like this possible.”

Patrons who would like to help the Chase County Hospital Foundation in its work to support health care in Chase County and the surrounding area can contact Randy Vlasin at 308-882-7379, by email: [rvlasin@chasecountyhospital.com](mailto:rvlasin@chasecountyhospital.com) or visit the website [www.chasecountyhospitalfoundation](http://www.chasecountyhospitalfoundation) and select the Foundation link.